"Boney" Russell Moore 1998

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I started dancing in my hometown of Bennettesville, South Carolina in junior high school. We had a very active teenage canteen where we danced quite a bit. Then it was off to Ocean Drive where I was one of the original "Beaver Boys" lifeguards. All we had to do seven nights a week was to dance and drink beer with all the girls down on house parties.

During this period, we didn't call it the "Shag." Most folks referred to it as "Fast Dancing." In 1980, Gene Laughter invited a large group of people to a beach reunion. This reunion turned out to be the first "SOS" party. This was not to promote shag dancing but as it turned out, SOS has probably done more to keep the shag dance alive than any other single thing.